



GROUP DISCUSSION GUIDE

Talk About It

1. Do you have rhythm? Can you keep a beat by clapping your hands, tapping your feet, or even dancing?

Read About It: Romans 1:20; Genesis 2:2-3; Luke 5:16; Galatians 5:16-18,25; Psalms 37:23-24.

Think About It

2. **Read Romans 1:20, Genesis 2:2-3 and Luke 5:16.** What does creation – the earth and the sky – reveal to you about God? What does Genesis' story of creation say to you about God and his rhythm for life? How would you describe Jesus' "cadence" for life?
3. **Read Galatians 5:16-18, 25.** What desires, habits, or events provide the "backbeat" for your lifestyle? What about your faith walk? Is it led more by law (religious habits or obligations) or by the Spirit? What does it mean to "walk by the Spirit"? Do you ever get ahead of or behind the cadence of the Spirit?
4. **Read .** Paul describes a process of Christian maturity (v.3-4) that ends in hope that endures. Out of the areas of suffering, perseverance, character and hope, where is God working in your life right now? How does character produce hope?

Do Something About It

5. **Read Psalms 37:23-24.** Do you long for the Lord's direction for your life? How can you listen more closely for his guidance? What happens if you stumble?

Romans 1:20

²⁰ For ever since the world was created, people have seen the earth and sky. Through everything God made, they can clearly see his invisible qualities—his eternal power and divine nature. So they have no excuse for not knowing God.

Genesis 2:2-3

² By the seventh day God had finished the work he had been doing; so, on the seventh day he rested from all his work. ³ Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

Luke 5:16

¹⁶ But Jesus often withdrew to the wilderness for prayer.

Galatians 5:16-18

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. ¹⁸ But if you are led by the Spirit, you are not under the law.

Galatians 5:25

²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

Psalms 37:23-24

²³ The Lord directs the steps of the godly. He delights in every detail of their lives. ²⁴ Though they stumble, they will never fall, for the Lord holds them by the hand.