

SENIOR MEALS SHOPPING LIST

Shop for the following suggested items for our SENIOR MEALS program. Bag the items up, and drop off at any of the locations, below:

● **A local church**

(Evergreen, First Christian, Grace Nazarene, Trinity Methodist, Grace Methodist, and Salem Lutheran)

● **Farm Fresh Market** donation bin

● **Salem Community Activities Center** donation bin

Foods to cover several meals:

- Shelf-stable meals, such as
Dinty Moore and Hormel Compleats
- Canned Tuna, Chicken
- Canned Fruit (any variety)
- Canned Beans
- Soups (any variety), Beef Stew
- Ramen Noodles
- Peanut Butter & Jelly

Individually packaged items:

- Sandwich Crackers
- Pudding, Jello, or Fruit Cups
- Granola Bars
- Muffins, Dessert Cakes
- String Cheese

Thank you for helping us feed
our community!